



# TRAWALLA PRIMARY SCHOOL NEWSLETTER

Principal: **Kate Morcombe**  
School Council President: **Kylie Palmer**

03 5349 2047  
11 Trawalla Rd, Trawalla, Vic 3373  
trawalla.ps@education.vic.gov.au

**Issue No 21      Tuesday 27<sup>th</sup> July 2021**

## **DATES**

Fri July 30 <sup>th</sup>	<i>Curriculum Day – no students attend on the day. (TBC) <b>POSTPONED</b></i>	Wed Aug 18 <sup>th</sup>	<i>Network Meeting – Kate away</i>
Mon Aug 2 <sup>nd</sup>	<i>Prin Conference in Melb – Kate away Peta CRT <b>CANCELLED</b></i>	Thur Aug 19 <sup>th</sup>	<i>Art Gallery excursion</i>
Tue Aug 3 <sup>rd</sup>	<i>Prin Conference in Melb – Kate away <b>CANCELLED</b></i>	Mon Aug 23 <sup>rd</sup>	<i>Cluster choir perform @ South Street</i>
Fri Aug 6 <sup>th</sup>	<i>MARC Van with Kathy</i>	Tue Aug 24 <sup>th</sup>	<i>Lal Lal PS review – Kate away</i>
Tue Aug 10 <sup>th</sup>	<i>Emergency Management Webex – Kate – 3.30-5.00pm</i>	Fri Aug 27 <sup>th</sup>	<i>MARC Van with Kathy</i>
Fri Aug 13 <sup>th</sup>	<i>MARC Van with Kathy</i>	Mon Aug 30 <sup>th</sup>	<i>Full STEAM Ahead @ Navarre</i>
Mon Aug 16 <sup>th</sup>	<i>Full STEAM Ahead @ Navarre</i>	Mon Sept 6 <sup>th</sup>	<i>Lal Lal PS review – Kate away</i>
Aug 16-20 <sup>th</sup>	<i>Book Week</i>	Tue Sept 7 <sup>th</sup>	<i>Cluster - Halls Gap Zoo excursion</i>
Tue Aug 17 <sup>th</sup>	<i>School Council</i>	Fri Sept 10 <sup>th</sup>	<i>MARC Van with Kathy</i>
		Mon Sept 13 <sup>th</sup>	<i>Full STEAM Ahead @ Navarre</i>
		Fri Sept 17 <sup>th</sup>	<i>MARC Van with Kathy</i>
		Fri Sept 17 <sup>th</sup>	<i>Last day of Term 3 – 2.30pm dismissal</i>

## **Reading Awards**

**Congratulations to:**

**100 nights – Tom Palmer**

**100 nights – Zavier Mountney**



## **COVID Latest**

All students are to return to face-to-face learning tomorrow, Wednesday July 28<sup>th</sup>.

## **Full STEAM Ahead**

This term the Pyrenees Cluster Full STEAM Ahead days at Navarre school.

These days will recommence when COVID permits.

The dates are:

- Monday July 19<sup>th</sup>
- Monday August 16<sup>th</sup>
- Monday August 30<sup>th</sup>
- Monday September 13<sup>th</sup>

## **Parenting Ideas**

Today's article is attached - The perks and pitfalls of being born first

## **Glasses For Kids – Years Prep to 3**

We are delighted that State Schools' Relief will deliver the Glasses for Kids program to our school in Term 4 on Tuesday October 12, 2021. The Program Partner Optometrist will be Quinn & Co. Optometrists.

Students in years Prep to 3 are eligible and families are requested to complete the attached consent form and questionnaire and return them to school by Friday August 6<sup>th</sup>.

## Student Learning Goal certificates

Each of the students has a set of learning goals related to reading, writing, spelling, maths and personal learning. The students use these goals to monitor and focus their daily tasks a certificate will be awarded when a learning goal is achieved. Keep an eye out for these in your child's reader pocket!

## The 2021 Parent/Caregiver/Guardian Opinion Survey

WE WANT OUR PARENTS/CAREGIVERS/GUARDIANS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents/caregivers/guardians think of our school. The Parent/Caregiver/Guardian Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst all parents/caregivers/guardians (previously known as the Parent Opinion Survey). It is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behaviour, student engagement and experiences of remote and flexible learning. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

All parents will be invited to participate in this year's survey. All responses to the survey are anonymous. This year, the Parent/Caregiver/Guardian Opinion Survey will be conducted from Monday 19th July to Sunday 22nd August.

The survey will be conducted online, only takes 20 minutes to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones.

Parents who wish to complete this survey on a school computer can do so by contacting Kate once the current COVID lockdown concludes.

**The login and pin number for accessing the survey was attached to last week's newsletter.**

## Good to Grow Fundraiser - <https://www.fundraysia.com.au/fundraiser/trawallaps/>

Our Parents and Friends Association have commenced the Good to Grow fundraiser. The Good to Grow fundraiser involves selling different seed packs and sustainable planting items including a bug bed and breakfast!

There are two ways of selling the items:

1. Via our online webshop - Attached to last week's newsletter was a flyer with a QR code that will send you to our online webshop where family and friends can make online purchases. Feel free to share around or display on a noticeboard at your workplace.
2. Via our order form – Also attached to last week's newsletter was an order form where family and friends can complete and return your money in a clearly marked envelope with your child's name to school by Friday 20 August.

Once we receive the Good to Grow items at school (early September), we will contact customers and let them know they can collect from School or Popp's Place (23 Neil St, Beaufort).



Please remember to inform potential customers that the fundraising profits from this drive go directly to Trawalla Primary School. Please let us know if you have any questions.

Thank you for your support!



## **Terry Floyd Foundation**

Terry Floyd Foundation ribbons for \$2.00 each.

Please send your money to school and we will send home your ribbon.

## **COVID-19 update**

### **QR Codes**

The Victorian Government has announced new arrangements for schools in Victoria from and including Friday 9 July.

QR codes will be required to be used by:

1. all parents who enter buildings when on the school site
2. all visitors, including contractors, external Department staff and building and maintenance staff

*QR code check ins will not be required for staff or students.*

### **Face Masks**

School staff (primary) are not required to wear a face mask while at school when interacting exclusively with staff and students from their school. School staff (primary) must carry a face mask at all times, unless a lawful exception applies. School staff (primary) should wear a face mask indoors at school when interacting with external visitors, including parents/carers and staff/students from other schools. Children under 12 years of age and students at primary school are not required to wear face masks when at school,

School staff and students must also abide by face mask requirements when attending public venues.

Visitors and parents must observe indoor face mask requirements.

Thank you for your support and understanding of this important health direction. Please contact the school if you have any questions or concerns.

### **Absences**

Parents/carers are required to ensure their child attends school every day and have an obligation to contact the school to notify the school of their child's absence. Parents/carers should inform the school in advance of known upcoming absences, or on the day of absence as soon as practicable. A late arrival or a day off here and there may not seem much at the time but when they are added up over the child's schooling life they can have an impact.

Here are a couple of graphics from the NSW Education Department to support this fact.



INSIGHTS

## The perks and pitfalls of being born first



The birth of a first child is a big event. Such is the excitement and emotion that parents often don't realise that the baby that they bring home is a ground breaker, taking them headlong into every stage of development.

First-borns are born into a privileged position. Living in the spotlight, they get piles of attention and as they grow up, they are given more responsibility than other children in other positions. They lead the way, break new ground, and rule the roost if others follow. Parents expect a great deal from first-borns, so to avoid disappointing them many become low risk-takers. Parental expectation and their tendency for perfectionism and conscientiousness can make first-borns more anxiety prone than children in other birth order positions.

First-born children can be bossy, responsible, and achievement-oriented but they are more neurotic, more intense, and more inflexible than children in any other birth order position. Taking life and themselves too seriously is a problem for many first-borns Here are some tips for parenting children and young people in this privileged but anxiety-prone position:

### Encourage rather than praise or criticise

First-borns respond to encouragement as it releases the pressure on them to perform. When they know that effort, improvement, and contribution matter more to parents than good results they're more likely to take risks and stretch themselves as learners.

### Save responsibilities for others

First-borns know all about responsibility, as they get more than their fair share of jobs and reminders to be good role models. Share chores, responsibilities, and expectations among all children in the family, including youngest children.

### Enjoy two-on-one time

First-borns love having both parents to themselves, if applicable, as that's the way life was until a second-born came along and robbed them of their privileged position. Only children are fortunate that they don't experience the 'disgrace' of dethronement.

### Embed wellbeing practices into family life

Help anxiety prone first-borns develop positive wellbeing habits including healthy eating, adequate exercise, and sleep and relaxation techniques such as mindfulness and meditation.

### In Closing

The drive, leadership and attention to detail of first-borns contributes enormously to society. We need to help them lighten up and enjoy themselves as well.