



# TRAWALLA PRIMARY SCHOOL NEWSLETTER

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School Council President: **Kylie Palmer**

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**Issue No 31      Tuesday 19<sup>th</sup> October 2021**

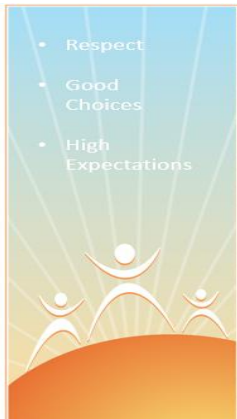
## DATES

Fri Oct 22 <sup>nd</sup>	<i>MARC Van with Kathy</i>	Fri Nov 19 <sup>th</sup>	<i>MARC Van with Kathy</i>
<del>Fri Oct 22<sup>nd</sup></del>	<del><i>Swimming</i></del>	Fri Nov 19 <sup>th</sup>	<i>Swimming</i>
<del>Mon Oct 25<sup>th</sup></del>	<del><i>Full STEAM Ahead @ Navarre</i></del>	Mon Nov 22 <sup>nd</sup>	<i>Full STEAM Ahead @ Navarre</i>
Mon Oct 25 <sup>th</sup>	<i>Golf Clinic 12.30pm</i>	Fri Nov 26 <sup>th</sup>	<i>Swimming</i>
Wed Oct 27 <sup>th</sup>	<i>Pupil Free Day – staff PL via WebEx</i>	Tues Nov 30 <sup>th</sup>	<i>Cluster Halls Gap Zoo trip</i>
Fri Oct 29 <sup>th</sup>	<i>Swimming</i>	Mon Dec 6 <sup>th</sup>	<i>Cluster Year 6 Graduation</i>
Tues Nov 2 <sup>nd</sup>	<i>Melbourne Cup Day Holiday</i>	Fri Dec 10 <sup>th</sup>	<i>Swimming</i>
Fri Nov 5 <sup>th</sup>	<i>MARC Van with Kathy</i>	Fri Dec 17 <sup>th</sup>	<i>Last day of term 4 - 1.30 dismissal</i>
Fri Nov 5 <sup>th</sup>	<i>Swimming</i>		
Mon Nov 8 <sup>th</sup>	<i>Full STEAM Ahead @ Navarre</i>		
Fri Nov 12 <sup>th</sup>	<i>Swimming</i>		
Mon Nov 15 <sup>th</sup>	<i>Cluster Prin meeting – Kate away</i>		

\*\*\*The items that have been crossed out are not going ahead or moved to a new date due to COVID

Wednesday October 27<sup>th</sup> – PUPIL FREE DAY – no students are to attend on this day as the staff are involved in Professional Learning via WebEx with the Pyrenees Cluster schools.

Trawalla School Values



## Trawalla School Values Awards

**Max Molloy** - For showing **Respect** by participating in class discussions.

**Tanner Jantzen** - For showing **Good Choices** by using a loud voice to talk to teachers and friends.

**Layla Best** – For showing **High Expectations** by passing your maths goal.

## Congratulations on passing your learning goal...

Maths – Alyssa Palmer  
Spelling – Alyssa Palmer



## Book Club – Issue 7

Attached to this week's newsletter is Issue 7 of Book Club. Please return any orders to school by Monday November 1<sup>st</sup>.

# **Reading Awards**

Congratulations to:

Zavier Mountney – 150 nights

Tom Palmer – 150 nights



## **Staffing for 2022**

Louisianna Hutchins has secured a teaching position at Canadian Lead PS for 2022. We wish Miss H all the best for the future. I am currently working through the process to employ a new teacher to replace Miss H for 2022.

## **Golf Clinic**

Next Monday October 25<sup>th</sup> at 12.30pm we will be holding a Golf Clinic at school for our students and staff. We are lucky enough to have received funding from the Sporting Schools program to run this clinic and purchase some golf equipment.

## **Swimming**

We are booked in to attend swimming lessons at the Ballarat Aquatic Centre (see dates in the above calendar). At this stage swimming will not commence due to COVID restrictions however we will let you know when this changes.

## **Cluster FSA Days**

Cluster days at Navarre are on the back burner at the moment too due to COVID. We will conduct fortnightly assemblies via WebEx to connect with our cluster buddies. We also have a cluster trip to the Halls Gap Zoo pencilled in (fingers crossed we can attend this excursion).

## **Full STEAM Ahead**

Due to COVID we are unsure of when we can meet as a cluster. The cluster will meet via WebEx for an assembly next Monday. This is an opportunity to catch up, have a sing along and celebrate any birthdays that have occurred since we last met. This term we plan to hold the FSA days at Navarre when COVID allows. The dates set are:

- ~~Monday October 25<sup>th</sup>~~
- Monday November 8<sup>th</sup>
- Monday November 22<sup>nd</sup>

## **NAPLAN –**

Students in years 3 and 5 participated in Naplan testing in May 2021. Student reports on the 2021 NAPLAN are available to collect from the school. Please indicate via the student diary when you can collect this document.

## **COVID-19 update**

**QR Codes** – these are on display for visitors to use on entry.

**On-site attendance** - From Monday October 11, a staggered return begins older year levels. Years 3-4 will attend on Tuesdays and Wednesdays, Years 5-6 on Thursdays.

**From Friday October 22 all students are to attend full time face-to-face learning.**

I have attached on-site attendance forms for students to attend full time this week.

**Face Masks** - For all school settings, the Victorian Chief Health Officer:

- Directs school staff and secondary school students aged 12 or older must always wear a face mask indoors and outdoors at school, including when attending an Outside School Hours Care (OSHC) program, unless a lawful exception applies.
- Directs school staff and secondary school students aged 12 or older must always wear a face mask when travelling to and from school on public transport, taxis or ride share vehicles.

- Directs school staff to wear a face mask while teaching wherever practicable, except where removal of a face mask is necessary for effective communication.
- Strongly recommends children under 12 years of age and students at primary school wear face masks when at school, attending an OSHC program, or when travelling to and from school on public transport, taxis or ride share vehicles.

From Monday October 18th, Grades 3 to 6 students are required to wear facemasks at school and there is a recommendation that Grades P to 2 students wear facemasks.

We do have some masks at school, but students are asked to supply their own mask.



## Beaufort Junior Tennis

Friday's at 4pm.

For more information contact Simone Smith 0409 312 335

## MINDFULNESS ACTIVITY

### Create a Mindful Journey with Candy Ng

**SMILING MIND.  
CREATES**



Put your feelings and thoughts on paper, to create a piece that is unique to you. This self-awareness activity will help you create your own personal visual journey and focus on your goals.

**1**

Pick a colour palette, choosing a few colours that you are drawn to.

**2**

You can warm up your hands by colouring in some trees, words and doodling some of your favourite shapes and patterns on the page.

**3**

The first step is to draw a simple 'Self Portrait.' Focus on some of your favourite features of yourself. Make it quick and simple.

**4**

The second step is to think of something that inspires you. It could be someone or something, use your imagination!

**5**

The third step is finding yourself 'A Challenge!' This is something you would like to work on such as finding time to meditate or going to bed earlier. Try making a little list first, so you have some options to choose from!

**6**

Let's finish by choosing a 'Focus for Today.' Simply jot down a message to yourself as a kind reminder. The best way to prepare for this exercise is by brainstorming anything that comes to your mind, and from there you pick the one that is of the highest priority.

**TIP — For your letters, you can try to apply pressure to create thick lines on your downstrokes and then ease up on the pressure as you create your upstrokes. Or else outline your letters and colour them in using the marker.**

[Check out Candy's tutorial here!](#)

# Activity Template

